

Positive Behaviour Support Pathway: A practice framework that prioritises human rights

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Aims/Objectives: What was the purpose what you did? Why is your topic important? What did you want to change? What difference did you want to make?

To introduce a practice framework for individualised positive behaviour support (PBS) that guides human rights-based practice. The framework responds to current concerns and recommendations regarding PBS practice in Australia and incorporates function-based PBS principles, contemporary research, and Australian legislation.

Methods/Process: Who was involved? What did you do? (100 words)

In developing the framework, we have integrated insights from both existing research and PBS practice literature, evaluating the diverse contexts in which PBS studies have been conducted. We critically evaluated prominent theories, existing models and practice recommendations to present a new practice framework, the PBS Pathway (PBS-P) that prioritises a person's values and preferences, and active involvement throughout PBS process. Contributions were made from those with lived experience, PBS service managers and practitioners, in addition to researchers and academic scholars with expertise in PBS, disability discourse, and human rights.

Results: What did you find? What changed? What difference did you make? What did you learn?

The PBS-P promotes culturally sensitive and socially valid practices that empower the person and their supporters via a clear implementation framework that supports accountability to three guiding principles: Human rights, systems change and evidence-informed practices. It also acknowledges the need for flexibility, being specifically designed to support people living with disability across the lifespan in various settings.

Conclusion: How could other people use what you found out? What would you recommend other people do based on what you did and what you found out?

The PBS-P offers a practical framework for critical thinking and reflective practices in PBS. It promotes a universal approach across the lifespan and service settings, contributing to a shared

understanding of PBS as a rights-based practice. The model's alignment with current legislation supports adoption within existing systems; however, successful implementation requires skilled practitioners, adequate funding, and policies to support knowledge translation.

Alignment with the Conference Theme: How does your proposal address the conference theme of 'New Frontiers'? How does your proposal showcase something new we can do to make the world a better place for people with disability? (50 words)

The PBS-P practice framework directly responds to urgent recommendations made by the Disability Royal Commission for person-centred behaviour support practices that uphold and protect human rights. It also provides the opportunity to reflect and think critically about rights-based principles and how these must be embedded into our support systems.